Happy Lynden Manor

Anniversaries to...

Jackie Friesen who moved in 2 years ago on April 7th
Jerry Stenevich who moved in 2 years ago on April 7th
Joyce Burger who moved in 2 years ago on April 29th
Esther Neyens who moved in 1 year ago on April 13th
Maria Matter who moved in 1 year ago on April 17th
Gert VanderVeen who moved in 1 year ago on April 24th
Andy VanderVeen who moved in 1 year ago on April 24th

We wish you all a Happy Anniversary and many more Happy Years here at Lynden Manor

Nancy was born in Astoria, Oregon and was the only child of Howard and Esther Dunkelberger. When Nancy was three years old the family moved to Walla Walla and five years later they moved to Yakima. Her father was the office manager at Pacific Power and Light in Yakima and her mother was a homemaker.

Nancy graduated from high school in Yakima and attended a junior college in Yakima for two years. After working for a year she went on to the University of Oregon. About a year short of graduating from the university she decided to join the Navy.

When Nancy was in the 8th grade she met John Middlekauff, the man she would eventually marry. He went into the Air Force about the same time she went into the Navy. They had become engaged before they entered the service and had decided to wait until after the war to marry. When John received his commission he decided they should marry sooner. Nancy agreed and they were married a week later in Yakima. The couple had only three days before they had to return to their separate bases.

When they were out of the service they both went to the University of Washington to finish their educations. Nancy graduated with a degree in economics and business, and John’s degree was in electrical engineering. She went to work for General Insurance and he went to work for IBM in Seattle where he worked until his retirement 35 years later.

They had two children - a son Carl who now lives with his wife in Mississippi, and a daughter Joan who lives with her husband a few blocks from Lynden Manor. Once they had children Nancy chose to be a stay-at-home mother. She was a Blue Bird leader and a Cub Scout leader. Nancy loved to garden and belonged to a garden club, she also enjoyed reading, knitting, walking and biking. She continued biking until she was 85 years old!

After their children were grown, they spent some time traveling and enjoyed just being together. Until just a few years ago they vacationed...
A big thank you goes out to the following volunteers:

**Egbert Maas** - 20½ years - Egbert has done the Sunday Service here two times a month since Lynden Manor’s beginning. Until very recently he also did a weekly Bible Study.

**Hymn Singers from the Lynden Senior Center** - 20 years - They lead a Hymn Sing here once a month.

**Betty and The Boys** - 6 years - They lead a Hymn Sing here once a month for Rev. Hanko who recently retired.

**Hope Lutheran Church** - 10 years - They do our Sunday Service the first Sunday of the month.

**Protestant Reformed Church** - 20 years - They lead a Hymn Sing here once a month for our Sunday Service twice a month.

**Dakota McFadden** - 20½ years - Dakota comes after school several days a week and helps out in the Activity Department.

**Jardinski Family Singers** - 3 years - They are a family of singers that entertain us once a month.

**Jardinska Family Singers** - 3 years - They do our Bok Club twice a week.

**Jane Tromberg** - 3 years - Jane reads to residents during Book Club twice a week.

**Pat Hagen** - 4½ years - Pat leads a Hymn Sing here once a month.

**Jim Rhoads** - 4 years - Jim does a Bible Study twice a month in our Special Care Center.

**Mel Thompson** - 4 years - Mel does a Bible Study twice a month in our Special Care Center.

**Sharon Schneider** - 7 years - Sharon plays the organ for our Sunday Service twice a month.

**Gert Postma** - 7½ years - Gert is now our bus driver, but still finds time to volunteer in activities.

**Henry Kuiper** - 14 years - He leads a Hymn Sing here once a month.

**Sharon Worthen** - 1 year - Sharon, a Lynden Manor resident, has taken over the responsibility of the upkeep of Lynden Manor’s Library.

**Dakota McFadden** - 6 months - Dakota comes after school several days a week and helps out in the Activity Department.

**Bob Miller** - 2 months - Bob does a weekly Bible Study.

These volunteers have given countless hours of their time and talents to Lynden Manor and have done so much to enhance the lives of our residents. We appreciate you all so very much - it would be impossible to get along without you.

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**Newsletter Committee**

We are still trying to form a newsletter committee. The committee would come up with suggestions for articles. It would also be fun to have a roving reporter that goes out to talk with the other residents getting their opinions on different subjects. If you think you might like to give this committee a try contact Debbie in the Activity Department.

**Lynden Manor Library**

We would like to thank you for the many donations of books that have come in over the past few months. Our librarian is having fun going through them all. Thank you all so much!

Due to our limited library space we are having to get rid of some of the older books to make room to shelve the new ones. Until this process is complete we would like to ask that you not bring in any more books. We are just completely out of room.

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**Please Welcome Our New Residents**

Shirley Scholten
Apt. #236

- **Birthplace**: Lynden, WA
- **Occupation**: Farm wife
- **Family**: 1 Daughter, 4 Grandchildren, several Great-grandchildren
- **Hobbies**: Reading, working with animals
- **Travel**: Some around the U.S.

Peggy Pearse
Apt. #119

- **Birthplace**: Utica, New York
- **Occupation**: School secretary and bookkeeper
- **Family**: 1 Son, 1 Daughter
- **Hobbies**: Water color painting (all paintings in her room were done by her), gardening
- **Travel**: U.S. and Europe

Duane Mellot
Apt. #304

- **Birthplace**: Bellingham, WA
- **Occupation**: Sheet metal worker
- **Family**: His sister Delores
- **Hobbies**: Drag racing, swimming
- **Travel**: Some around the U.S.

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**Three Gates**

From The Arabian

If you are tempted to reveal A tale to you someone has told About another, make it pass, before you speak, three gates of gold. These narrow gates: First, “Is it true?” Then, “Is it needful?” In your mind Give a truthful answer. And the next Is last and narrowest, “Is it kind?” And if to reach your lips at last It passes through these gateways three, Then you may tell the tale, nor fear What the result of speech may be.
Activity News:

- **New Activities** to watch for in April: Family Game Night, and with the weather warming up, Garden Club and walking groups.
- The next **Activity Planning Meeting** will be held on Thursday, April 5th @ 1:30 pm in the 3rd Floor TV Room. Join us and bring your ideas.
- **Harpist Toni Knight** will entertain us at Happy Hour on Friday, April 6th @ 3:00 pm.
- This month’s **Moonlight Bingo** will be held on National Walk on Your Wild Side Day, Thursday, April 12. Instead of wearing your pajamas this month, dress on the *Wild Side*. Be creative. There will be prizes!
- **Family Game Night** will be held Wednesday, April 18 @ 6:00 pm. Residents and their families are all invited. We will provide an assortment of games along with refreshments.
- Our next **Resident Association Meeting** will be held on Thursday, April 19 @ 2:00 pm. Be sure to attend this meeting. You will hear what’s going on here at The Manor and be able to offer any suggestions you may have. Refreshments will be served and you will be able to get to know a few more of your neighbors.

Kitchen News:

- **The Drink of the Month** is Raspberries Lemonade. Just ask your server and she will be happy to bring you one.
- **April 1st is Easter.** Ted has planned a very special dinner for you that day at noon. The menu is: Honey Glazed Pit Ham, Cheesy Potato au gratin, Asparagus Spears or Green Beans, Almandine, Parmesan Breadsticks, Beef Vegetable Soup or Garden Salad, Easter Mandarin Orange Pie. Enjoy!
- The next **Dining Committee Meeting** will be held on Thursday, April 12 @ 1:30 pm in the 3rd Floor TV Room. Be sure to attend and bring your suggestions.

Pastor Needed for our Sunday Service

We are still looking for someone to do our Sunday Service on the 2nd and 4th Sundays of the month. The service starts at 2:00 pm and lasts 30 to 45 minutes. Our staff sets up the room and serves refreshments after the service. If you are interested in doing both or even just one of these services please call Debbie at 360-354-5985 or email at daplin@lyndenmanor.com.

Resident Rights Corner:

**Chapter 70.129RC** protects your rights at Lynden Manor. It is the intent of the legislature that individuals who live in boarding homes and facilities receive appropriate services, be treated with courtesy and continue to enjoy their basic and legal rights, as well as having the opportunity to exercise reasonable control over life decisions. So in an effort to assist our residents in understanding their rights, we are going to feature a Resident Right each month in our newsletter going forward.

**This month’s “Resident Right”:**

Each resident and legal representative has the right to: Choose activities, schedules, and health care consistent with his/her interests, assessments and care plans.

(Skagit Valley Tulips

Tuesday, April 17th)

We will leave Lynden Manor at 11:00 am and travel south to the beautiful Skagit Valley, stopping along the way to eat the picnic lunch our kitchen crew has prepared for us. We will drive by the tulip fields and you will also have the opportunity to stop at Tulip Town and/or RoozenGaard. They charge an admission fee of $7.00. Be sure to bring your camera. The sign up sheet for this outing is on the counter in the Activity Room.

Do You Know the Answer?

It’s the first to appear in Hamlet and the last in Macbeth. It’s seen in twilight, yet vanishes in darkness. Without it, happiness wouldn’t exist, then again, neither would heartache. It’s silent in thought and quiet in every hour. It’s in your home and my home. In fact, it’s always in the middle of everything. What is it????

(The answer will appear in next month’s newsletter.)

(Nancy Middlekauff continued from page 1)

every year with another couple, spending time in Western Oregon, Western California and Canada. They also took a trip to Mexico and four trips to Hawaii.

Nancy and John moved to Lynden Manor in February 2010 to be near their daughter Joan. John passed away in February 2011. Nancy is a faithful member of our morning exercise group, and tries to go for a walk every day. She is involved in many other activities and enjoys reading. Nancy spent several years keeping Lynden Manor’s library in perfect order. She gave that up last year to pursue other hobbies. Nancy has a very positive, upbeat attitude and is always an encouragement to others. She is a joy to be around.

Resident Birthdays

- Helen Christiansen 4/3
- Pink Koetje 4/8
- Gene DeMaris 4/11
- Jeannine Kleineld 4/15
- Donald Isaacson 4/27
- Ruth Statema 4/27

Staff Birthdays

- Hope VanderStelt 4/3
- Len Chiean 4/5
- Pamela Roosema 4/6
- Kathy Novak 4/27
- Jeanette Anderson 4/29
- Andrea Medel 4/29

Spring Quotes

- “I love spring anywhere, but if I could choose I would always greet it in a garden.” Ruth Stout
- “April hath put a spirit of youth in everything.” William Shakespeare
- “In spring I have counted one hundred and thirty six different kinds of weather inside of four and twenty hours.” Mark Twain
- “The first day of spring is one thing, and the first spring day another. The difference between them is sometimes as great as a month.” Henry Van Dyke
- “An optimist is the human personification of spring.” Susan J. Bissonette
- “Spring is the time of year when it’s summer in the sun, and winter in the shade.” Charles Dickens
- “No winter lasts forever, no spring skips it’s turn.” Hal Borland
- “Don’t even try to count all the colors of spring. God’s paint keeps generating new hues.” Tori Sorenson
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<th>Date</th>
<th>Activity Calendar</th>
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<td><strong>Sun</strong></td>
<td><strong>Mon</strong></td>
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<td>1</td>
<td>Easter</td>
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<td>2</td>
<td>10:45 Book Club (A)</td>
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<td>8</td>
<td>2:00 Sunday Service with Bernie Dykstra (A)</td>
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<td>15</td>
<td>2:00 Sunday Service with Rev. Stephan Regnagren from Protestant Reformed (A)</td>
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<td>16</td>
<td>10:45 Book Club (A)</td>
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<td>17</td>
<td>10:45 Sing-a-long w/ Tom (A)</td>
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<td>22</td>
<td>2:00 Sunday Service (A)</td>
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<td>23</td>
<td>10:45 Book Club (A)</td>
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**Ongoing Activities:**
- Monday thru Saturday: 9:30 Exercise (new) (A) 10:15 Coffee with Friends (A)
- Tuesday thru Saturday: 10:00 Exercise (old) (3TV)

**Site Legend:**
- (A) 2nd Floor Activity Room
- (B) Main Dining Room
- (D) Main Lobby
- (3TV) 3rd Floor TV Room

**The Local Newspapers** are available daily in the Activity Room and the Library.

**April:**
- Birthstone: Diamond
- Flower: Sweet Pea
- Colors: Red & Yellow

**This calendar is subject to change.** All changes will be posted on the calendar in the Activity Room.